



GOAL: PARENTAL HEALTH AND EMOTIONAL WELLBEING

Prenatal-to-3 Outcomes and Rankings to Identify Gaps in Parental Health and Emotional Wellbeing by State

State	% Poor Maternal Mental Health	Rank	% Low Parenting Support	Rank	State	% Poor Maternal Mental Health	Rank	% Low Parenting Support	Rank
Alabama	6.0%	38	20.5%	45	Montana	8.9%	48	6.5%	2
Alaska	3.3%	11	9.2%	7	Nebraska	3.5%	14	19.7%	41
Arizona	3.4%	13	19.2%	40	Nevada	6.0%	38	16.2%	33
Arkansas	3.6%	17	11.8%	16	New Hampshire	4.0%	24	6.5%	2
California	4.2%	25	22.1%	48	New Jersey	1.2%	1	17.6%	37
Colorado	1.3%	2	16.0%	31	New Mexico	6.8%	41	25.8%	50
Connecticut	5.2%	31	14.3%	24	New York	2.1%	4	26.0%	51
Delaware	3.1%	9	18.9%	39	North Carolina	5.4%	35	15.2%	29
District of Columbia	3.6%	17	14.4%	25	North Dakota	3.6%	17	10.8%	13
Florida	3.6%	17	15.7%	30	Ohio	8.3%	47	11.8%	16
Georgia	3.5%	14	20.5%	45	Oklahoma	10.0%	50	11.7%	15
Hawaii	3.5%	14	16.1%	32	Oregon	5.3%	32	20.0%	42
Idaho	8.1%	45	9.8%	9	Pennsylvania	2.0%	3	14.4%	25
Illinois	2.5%	7	13.5%	23	Rhode Island	3.8%	22	16.5%	34
Indiana	6.2%	40	14.7%	27	South Carolina	3.9%	23	20.3%	43
Iowa	8.1%	45	9.8%	9	South Dakota	2.2%	5	4.5%	1
Kansas	3.2%	10	11.9%	19	Tennessee	4.3%	26	16.8%	35
Kentucky	9.2%	49	9.8%	9	Texas	4.9%	29	22.0%	47
Louisiana	5.6%	37	12.1%	20	Utah	6.8%	41	11.8%	16
Maine	4.8%	28	10.1%	12	Vermont	10.2%	51	8.7%	5
Maryland	5.3%	32	25.5%	49	Virginia	3.0%	8	17.7%	38
Massachusetts	3.6%	17	20.4%	44	Washington	3.3%	11	17.3%	36
Michigan	7.7%	44	11.5%	14	West Virginia	5.1%	30	12.4%	21
Minnesota	5.5%	36	8.8%	6	Wisconsin	4.5%	27	8.6%	4
Mississippi	2.3%	6	14.8%	28	Wyoming	5.3%	32	13.0%	22
Missouri	7.2%	43	9.2%	7	National	4.5%		17.3%	

Source: National Survey of Children's Health, 2016–2018 combined estimates.

Note: For additional information, please refer to the Methods and Sources section of pn3policy.org.