

A Roadmap to Strengthen Your State's Prenatal-to-3 System of Care

The Prenatal-to-3 State Policy Roadmap provides guidance to state leaders on the most effective investments states can make to ensure all children thrive from the start. Grounded in the science of the developing child and based on comprehensive reviews of the most rigorous evidence available, the Roadmap provides detailed information on five effective policies and six effective strategies that foster the nurturing environments infants and toddlers need, and that reduce longstanding disparities in access and outcomes among racial and ethnic groups and socioeconomic statuses.

The Roadmap is an annual guide for each state to:

- Assess the wellbeing of its infants and toddlers and prioritize state PN-3 policy goals;
- Identify the evidence-based policy solutions proven to impact PN-3 policy goals;
- Monitor states' adoption and implementation of the 11 effective Roadmap policies and strategies;
- Track the impact that policy changes have on improving the wellbeing of children and families and reducing disparities between racial and ethnic groups.



Few States Are Doing It All, But Many Are Moving Forward

Six states have adopted and fully implemented all five effective policies. This year, Connecticut and Washington joined California, the District of Columbia, Massachusetts, and New Jersey in fully implementing all five Roadmap policies.



Explore New Jersey's Roadmap for detailed status, data, and comparisons

pn3policy.org/roadmap/nj





Prenatal-to-3 State Policy Roadmap

Effective policies impact PN-3 goals and research provides clear state legislative or regulatory action. **Effective strategies** impact PN-3 goals, but the research does not yet provide precise guidance for state legislative or regulatory action.

Policy/strategy is aligned with goal in column

Policy/strategy does not align with goal in column (intentionally blank)

GOALS Nurturing Nurturing Sufficient Healthy Parental Health **Optimal Child** and Responsive To achieve a and Equitable and Emotional Wellbeing to Needed **Ability** Household Health and Child-Parent Child Care in science-driven to Work Services Resources Births Development Relationship Safe Settings PN-3 goal: **POLICIES** Adopt and fully implement the effective policies aligned with the goal Expanded Income Eligibility for Health Insurance Reduced Administrative Burden for SNAP State Minimum Wage State Earned Income Tax Credit **STRATEGIES** Make substantial progress relative to other states toward implementing the effective strategies aligned with the goal Screening and Connection Programs Child Care Subsidies Group Prenatal Care Home Visiting Programs Early Head Start Early Intervention Child Poverty Crowded Housi Parental Employment **OUTCOMES** Child Maltreatment Measure progress toward achieving the PN-3 goal.





To date, states have lacked clear guidance on how to effectively promote the environments in which children can thrive. This Prenatal-to-3 State Policy Roadmap identifies the 11 most effective evidence-based investments that states can make to foster equitable opportunities for infants and toddlers.

New Jersey Roadmap Summary						
Effective Roadmap Policy			2022 Policy Snapshot			
	Expanded Income Eligibility for Health Insurance	138%	New Jersey was one of six states to sign up for the early Medicaid expansion option in 2010. Parents earning at or below 138% of the FPL are eligible for Medicaid coverage in NJ.			
•	Reduced Administrative Burden for SNAP	12 months	New Jersey offers all three policies to reduce administrative burden (12-month recertification intervals, simplified reporting, and at least an online application) to most families.			
	Paid Family Leave Program of at Least 6 Weeks	12 weeks	New Jersey has a paid family leave program that provides up to 12 weeks of benefits.			
	State Minimum Wage of \$10.00 or Greater	\$13.00	The current state minimum wage in New Jersey is \$13.00, with scheduled increases until the state minimum wage reaches \$15.00 in 2024. Annual indexing begins January 1, 2025.			
•	Refundable State Earned Income Tax Credit of at Least 10%	40%	New Jersey has a refundable state EITC equal to 40% of the federal credit.			
State l	nas adopted and fully implemented the policy	State has newly adop	oted and fully implemented the policy since October 1, 2021			
Effective Roadmap Strategy 2022 Strategy Snapshot						
	Comprehensive Screening and Connection Programs	1	Families had access to 1 evidence-based comprehensive screening and connection program in New Jersey in 2021.			
	Child Care Subsidies	104.2%	New Jersey's base reimbursement rates cover 104.2% of the true cost of providing base-quality care for infants in center-based care.			
	Group Prenatal Care	24	New Jersey served pregnant people in 24 group prenatal care sites across the state in 2021.			
	Evidence-Based Home Visiting Programs	9.1%	New Jersey served an estimated 9.1% of children under age 3 in families with incomes of less than 150% of the FPL in the state's home visiting programs in 2019.			
	Early Head Start	7.5%	Approximately 7.5% of income-eligible infants and toddlers had access to Early Head Start programs in New Jersey in 2019.			
	Early Intervention Services	9.8%	New Jersey served 9.8% of its birth-to-3 population in Early Intervention services (Part C) over the course of a year (2020-2021).			
Leading	g state on effective strategy					



Prenatal-to-3 Outcomes to Measure Impact

Policy Goal	Outcome Measure	Worst State	Best State
	% Low-Income Women Uninsured	47.8% • 27.4% NJ	3.8%
Access to Needed	% Births to Women Not Receiving Adequate Prenatal Care	23.3% 14.8% NJ	5.1%
Services	% Eligible Families with Children < 18 Not Receiving SNAP	26.7% ^{21.2%} NJ	2.0%
	% Children < 3 Not Receiving Developmental Screening	73.9% 61.5% NJ	40.2%
Parents' Ability to Work	% Children < 3 Without Any Full-Time Working Parent	39.0% • 23.9% NJ	14.8%
	% Children < 3 in Poverty	33.1% • 13.3% NJ	8.6%
Sufficient Household Resources	% Children < 3 Living in Crowded Households	35.8% • 19.9% NJ	8.6%
	% Households Reporting Child Food Insecurity	16.7% •	2.9% NJ 0.8%
Healthy and	% Babies Born Preterm (< 37 Weeks)	14.2% • 9.3% NJ	7.6%
Equitable Births	# of Infant Deaths per 1,000 Births	8.3	4.0 NJ 3.7
Parental Health and	% Children < 3 Whose Mother Reports Fair/Poor Mental Health	12.6% •	2.7% NJ 2.3%
Emotional Wellbeing	% Children < 3 Whose Parent Lacks Parenting Support	22.0% NJ	5.4%
	% Children < 3 Not Read to Daily	75.4% - 63.8% NJ	47.7%
Nurturing and Responsive Child- Parent Relationships	% Children < 3 Not Nurtured Daily	51.7% • 41.7% NJ	27.6%
	% Children < 3 Whose Parent Reports Not Coping Very Well	45.0% • 38.8% • NJ	20.8%
Nurturing and	% Providers Not Participating in QRIS^	97.6% NJ	0.0%
Responsive Child Care in Safe Settings	% Children Without Access to EHS	96.2% 92.5% NJ	69.0%
	% Children Whose Mother Reported Never Breastfeeding	34.0% • 16.5% NJ	6.0%
Optimal Child Health and Development	% Children < 3 Not Up to Date on Immunizations	36.0% • 33.7% NJ	14.2%
	Maltreatment Rate per 1,000 Children < 3	34.7	2.9 NJ 1.9