

A Roadmap to Strengthen Your State's Prenatal-to-3 System of Care

Grounded in the science of the developing child and based on comprehensive reviews of the most rigorous evidence available, this Prenatal-to-3 State Policy Roadmap provides 12 evidence-based policy solutions that foster the nurturing environments infants and toddlers need to thrive.

The annual Roadmap includes:

- policy profiles that summarize the research and related impacts on child and family outcomes, and the progress states have made towards full and equitable implementation, and
- state profiles that track implementation of each effective Roadmap policy and strategy, and 18 child and family outcome measures that assess the wellbeing of its infants and toddlers.



Few States Are Doing It All, But Many Are Moving Forward

Three states fully implemented four new Roadmap policies and strategies to strengthen their prenatal-to-3 system of care in the last year – Colorado, Montana, and North Carolina.



pn3policy.org/roadmap/ct

Explore Connecticut's Roadmap

We're here to help. Contact us to inquire about our state services at <u>pn3center@vanderbilt.edu</u> or submit a request for our services online at <u>pn3policy.org/state-services</u>.





Prenatal-to-3 State Policy Roadmap

Effective policies impact PN-3 goals and research provides clear state legislative or regulatory action. Effective strategies impact PN-3 goals, but the research does not yet provide precise guidance for state legislative or regulatory action.

Policy/strategy is aligned with goal in column

Policy/strategy does not align with goal in column (intentionally blank)

GOALS

To achieve a science-driven PN-3 goal:

Access to Needed Services

Parents' Ability to Work

Sufficient Household Resources Healthy and Equitable

Parental Health and Emotional Wellbeing

and Responsive Relationships

and Responsive Child Care in Safe Settings

Optimal Child Health and Development

POLICIES

Adopt and fully implement the effective policies aligned with the goal

Expanded Income Eligibility for Health Insurance Paid Family and Medical Leave for Families with a New Child State Minimum Wage of \$10.00 or Greater Credit of at Least 10%

STRATEGIES

Make substantial progress relative to other states toward implementing the effective strategies aligned with the goal

Administrative Burden for SNAP Comprehensive Screening and Connection Programs Child Care Subsidies Group Prenatal Care Community-Based Doulas Evidence-Based Home Visiting Programs Early Head Start

OUTCOMES

Intervention Services

Measure progress toward achieving the PN-3 goal.

Parental Employment

Maternal Mental Health

Child Maltreatment





2024 Connecticut Roadmap Summary





Prenatal-to-3 Outcomes to Measure Impact

Policy Goal	Outcome Measure	Worst State		Best State	Rank
Access to Needed Services	% Low-Income Women Uninsured	41.4%	14.9% CT	3.0%	25
	% Births to Women Not Receiving Adequate Prenatal Care	23.8%	•	10.1% CT 6.4%	5
	% Children < 3 Not Receiving Developmental Screening	72.0% •	51.4% CT	40.0%	14
Parents' Ability to Work	% Children < 3 Without Any Full-Time Working Parent	36.7%	21.4% CT	11.9%	17
Sufficient Household Resources	% Children < 3 in Poverty	29.1%	15.8% CT	6.8%	24
	% Children < 3 Living in Crowded Households	33.2%	14.0% CT	6.4%	19
	% Households Reporting Child Food Insecurity	15.0%	•	3.2% CT 1.1%	6
Healthy and Equitable Births	% Babies Born Preterm (< 37 Weeks)	14.8%	9.4 C1	8.2 %	10
	# of Infant Deaths per 1,000 Births	9.1	•	4.3 CT 3.3	6
Parental Health and Emotional Wellbeing	% Children < 3 Whose Mother Reports Fair/Poor Mental Health	11.5% •	6.9% CT	3.3%	28
	% Children < 3 Whose Parent Lacks Parenting Support	26.4%	12.2% CT	5.7%	13
Nurturing and Responsive Child- Parent Relationships	% Children < 3 Not Read to Daily	71.5% •	-	4% 42.0%	9
	% Children < 3 Not Nurtured Daily	50.9%	•	31.8% CT 28.0%	4
	% Children < 3 Whose Parent Reports Not Coping Very Well	45.4% 41.1% CT	•	26.3%	49
Nurturing and Responsive Child Care in Safe Settings	% Children Without Access to EHS	95.3% 91.6% CT	•	45.3%	39
Optimal Child Health and Development	% Children Whose Mother Reported Never Breastfeeding	32.1%	12.9% CT	6.1%	14
	% Children < 3 Not Up to Date on Immunizations	38.8%	•	17.8% CT 12.9%	2
	Maltreatment Rate per 1,000 Children < 3	29.9	11.8 CT	2.2	22

Data marked with a * should be interpreted with caution. For additional information regarding calculation details, data quality, and source data please refer to Methods and Sources.