



2024 Prenatal-to-3 State Policy Roadmap

UNITED STATES

prenatal-to-3
policy IMPACT CENTER



VANDERBILT
Peabody College

A Roadmap to Strengthen Your State's Prenatal-to-3 System of Care


Grounded in the science of the developing child and based on comprehensive reviews of the most rigorous evidence available, this Prenatal-to-3 State Policy Roadmap provides 12 evidence-based policy solutions that foster the nurturing environments infants and toddlers need to thrive.

The annual Roadmap includes:

- policy profiles that summarize the research and related impacts on child and family outcomes, and the progress states have made towards full and equitable implementation, and
- state profiles that track implementation of each effective Roadmap policy and strategy, and 18 child and family outcome measures that assess the wellbeing of its infants and toddlers.

Number of Implemented Effective Roadmap Policies by State

4 out of 4	CA	CO	CT	DC	MA	NJ	NY	OR	RI	WA	10 States		
3 out of 4	HI	IL	ME	MD	MI	MT	NE	NM	VT	VA	10 States		
2 out of 4	AK	AZ	AR	DE	IN	IA	MN	MO	NV	OH	SD	11 States	
1 out of 4	FL	ID	KS	KY	LA	NC	NH	ND	OK	PA	UT	WV	12 States
0 out of 4	AL	GA	MS	SC	TN	TX	WI	WY					8 States

 State newly implemented at least one effective policy since October 1, 2023.

Few States Are Doing It All, But Many Are Moving Forward

Three states fully implemented four new Roadmap policies and strategies to strengthen their prenatal-to-3 system of care in the last year – Colorado, Montana, and North Carolina.



pn3policy.org/roadmap/us

Explore the United States
Roadmap

We're here to help. Contact us to inquire about our state services at pn3center@vanderbilt.edu or submit a request for our services online at pn3policy.org/state-services.

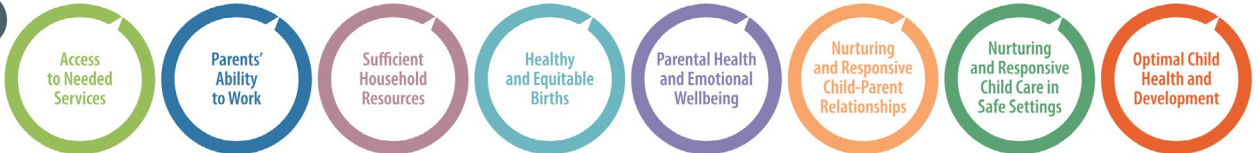
Prenatal-to-3 State Policy Roadmap

Effective policies impact PN-3 goals and research provides clear state legislative or regulatory action. Effective strategies impact PN-3 goals, but the research does not yet provide precise guidance for state legislative or regulatory action.

● Policy/strategy is aligned with goal in column
Policy/strategy does not align with goal in column (intentionally blank)

GOALS

To achieve a science-driven PN-3 goal:



POLICIES

Adopt and fully implement the **effective policies** aligned with the goal

	Access to Needed Services	Parents' Ability to Work	Sufficient Household Resources	Healthy and Equitable Births	Parental Health and Emotional Wellbeing	Nurturing and Responsive Child-Parent Relationships	Nurturing and Responsive Child Care in Safe Settings	Optimal Child Health and Development
Expanded Income Eligibility for Health Insurance	●		●	●				●
Paid Family and Medical Leave for Families with a New Child	●	●	●	●	●	●		●
State Minimum Wage of \$10.00 or Greater		●	●	●	●			●
Refundable State Earned Income Tax Credit of at Least 10%		●	●	●				

STRATEGIES

Make substantial progress relative to other states toward implementing the **effective strategies** aligned with the goal

	Access to Needed Services	Parents' Ability to Work	Sufficient Household Resources	Healthy and Equitable Births	Parental Health and Emotional Wellbeing	Nurturing and Responsive Child-Parent Relationships	Nurturing and Responsive Child Care in Safe Settings	Optimal Child Health and Development
Reduced Administrative Burden for SNAP	●							
Comprehensive Screening and Connection Programs	●				●			●
Child Care Subsidies	●	●	●					
Group Prenatal Care	●				●			●
Community-Based Doulas	●			●		●		●
Evidence-Based Home Visiting Programs						●		
Early Head Start		●			●	●	●	●
Early Intervention Services					●			●

OUTCOMES

Measure progress toward achieving the PN-3 goal.

Health Insurance Adequate Prenatal Care Developmental Screenings	Parental Employment	Child Poverty Crowded Housing Food Insecurity	Preterm Births Infant Mortality	Maternal Mental Health Parenting Support	Daily Reading Daily Nurturing Behaviors Parenting Stress	Access to EHS	Breastfeeding Immunizations Child Maltreatment
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Note: More extensive information on each of the eight PN-3 policy goals can be found in the [Prenatal-to-3 Policy Clearinghouse](#).

2024 Prenatal-to-3 State Policy Roadmap Summary

	Number of States Fully Implementing Policy	New States Implementing Policy	2024 Progress Summary				
Expanded Income Eligibility for Health Insurance	41	NC	North Carolina fully implemented Medicaid expansion in December 2023.				
Paid Family and Medical Leave for Families with a New Child	10	CO	In 2024, Colorado fully implemented its paid family leave program of 12 weeks. Rhode Island enacted legislation to increase the duration of paid family leave until reaching 8 weeks in 2026. Delaware, Maine, Maryland, and Minnesota will also implement programs in 2026.				
State Minimum Wage of \$10.00 or Greater	30	MT	Due to an annual inflation adjustment, Montana increased its minimum wage to \$10.30 in January 2024. Additionally, the minimum wage increased in 26 states due to previously scheduled increases or annual adjustments for inflation.				
Refundable State Earned Income Tax Credit of at Least 10% of the Federal Credit	23	MT	In tax year 2024, Montana implemented a more generous refundable state EITC at 10% of the federal credit, up from 3% in tax year 2023.				
Number of States Implementing All Key Policy Levers							
	Number of States Implementing Each Individual Key Policy Lever						
Reduced Administrative Burden for SNAP	12	18	12-Month Certification Period	35	Simplified Income Reporting	43	Online Case Management
Comprehensive Screening and Connection Programs	5	7	Statewide Goal	21	Medicaid Funding	19	State Funding
Child Care Subsidies	5	16	Income Eligibility (85% SMI)	28	Limit Family Copayments	17	Equitable Reimbursement Rates
Group Prenatal Care	4	14	Enhanced Medicaid Reimbursement Rate	9	State Funding		
Community-Based Doulas	6	20	Medicaid Coverage	8	Fund Training and Credentialing		
Evidence-Based Home Visiting Programs	18	18	Medicaid Funding				
Early Head Start	20	20	State Support				
Early Intervention Services	4	21	Very Low Birthweight Qualification	6	At-Risk Qualification	34	Eliminate Family Fees

Prenatal-to-3 Outcomes to Measure Impact

Policy Goal	Outcome Measure	Worst State		Best State	Rank
Access to Needed Services	% Low-Income Women Uninsured	41.4%	15.5% Median State	3.0%	
	% Births to Women Not Receiving Adequate Prenatal Care	23.8%	14.2% Median State	6.4%	
	% Children < 3 Not Receiving Developmental Screening	72.0%	58.5% Median State	40.0%	
Parents' Ability to Work	% Children < 3 Without Any Full-Time Working Parent	36.7%	23.8% Median State	11.9%	
Sufficient Household Resources	% Children < 3 in Poverty	29.1%	17.0% Median State	6.8%	
	% Children < 3 Living in Crowded Households	33.2%	15.2% Median State	6.4%	
	% Households Reporting Child Food Insecurity	15.0%	5.4% Median State	1.1%	
Healthy and Equitable Births	% Babies Born Preterm (< 37 Weeks)	14.8%	10.3% Median State	8.2%	
	# of Infant Deaths per 1,000 Births	9.1	5.8 Median State	3.3	
Parental Health and Emotional Wellbeing	% Children < 3 Whose Mother Reports Fair/Poor Mental Health	11.5%	6.8% Median State	3.3%	
	% Children < 3 Whose Parent Lacks Parenting Support	26.4%	14.6% Median State	5.7%	
Nurturing and Responsive Child-Parent Relationships	% Children < 3 Not Read to Daily	71.5%	59.5% Median State	42.0%	
	% Children < 3 Not Nurtured Daily	50.9%	40.7% Median State	28.0%	
	% Children < 3 Whose Parent Reports Not Coping Very Well	45.4%	33.7% Median State	26.3%	
Nurturing and Responsive Child Care in Safe Settings	% Children Without Access to EHS	95.3%	89.5% Median State	45.3%	
Optimal Child Health and Development	% Children Whose Mother Reported Never Breastfeeding	32.1%	16.1% Median State	6.1%	
	% Children < 3 Not Up to Date on Immunizations	38.8%	27.4% Median State	12.9%	
	Maltreatment Rate per 1,000 Children < 3	29.9	14.9 Median State	2.2	

Data marked with a * should be interpreted with caution. For additional information regarding calculation details, data quality, and source data please refer to Methods and Sources.