

2025 Prenatal-to-3 State Policy Roadmap

Methods and Sources

Effective Strategies

GROUP PRENATAL CARE

What is group prenatal care and why is it important?

All references for this section are provided in the Notes and Sources section at the bottom of each webpage. Additionally, search the [Prenatal-to-3 Policy Clearinghouse](#) for an ongoing inventory of rigorous evidence reviews, including more information on group prenatal care.

What impact does group prenatal care have?

The following studies meet standards of strong causal evidence to demonstrate the impacts of group prenatal care for the health and wellbeing of young children and their families:

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- H. Klerman, L.V., Ramey, S.L., Goldenberg, R.L., Marbury, S., Hou, J., & Cliver, S.P. (2001). A randomized trial of augmented prenatal care for multiple-risk, Medicaid eligible African American women. *American Journal of Public Health*, 91(1), 105-111. [dx.doi.org/10.2105/ajph.91.1.105](https://doi.org/10.2105/ajph.91.1.105)
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What are the key policy levers to implement group prenatal care?

In the absence of an evidence-based state policy lever to ensure the services effectively provide children and families the support they need, we present several choices that states can make to more effectively implement group prenatal care. We identified two key policy levers that states can implement to more effectively provide group prenatal care services in their state. The two key policy levers include:

- Provide an enhanced Medicaid reimbursement rate to incentivize group prenatal care and
- Invest funding to pilot or scale up group prenatal care in the state.

Data regarding enhanced Medicaid reimbursement rates and state investment in group prenatal care were obtained from state Medicaid Manuals, state agency websites and reports, and direct outreach to Centering Healthcare Institute, Inc.

We also performed an electronic search using Quorum State between August 15, 2024 and August 15, 2025 to assess legislative progress pertaining to group prenatal care. The main search strategy used combinations of keywords for group prenatal care (group prenatal care OR centeringpregnancy OR centering pregnancy OR enhanced prenatal OR Medicaid WITHIN 10 OF group prenatal care services OR bundled payments WITHIN 20 OF maternity OR perinatal care WITHIN 20 OF group OR centeringparenting OR centering parenting OR prenatal WITHIN 10 OF group setting OR pregnant WITHIN 5 OF group setting OR bundled payments WITHIN 10 OF global). Research staff conducted searches, analyzed results for

relevant state legislation, and summarized the progress states made toward supporting and implementing group prenatal care services. This component of legislative progress did not impact a state's rating, but rather is described in the narrative.

This section also contains the sources for the information presented in the individual state Roadmaps.

Measure 1: State support for group prenatal care

Definition:

Yes/No the state supports group prenatal care through one of two types of financial support and/or one type of non-financial support.

Notes:

1. The two types of financial support include:
 - a. State Medicaid or a contracted managed care organization (MCO) provides enhanced reimbursement rates for group prenatal care services
 - b. State uses grant or discretionary funding to support incentives with enhanced reimbursement payment models or to pilot/scale up a GPNC model in the state
2. A state is considered to have provided non-financial support for group prenatal care if it officially recognizes GPNC as an effective strategy for improving maternal and child health outcomes
3. State support data are as of May 1, 2025.

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How does group prenatal care vary across states?

Data were collected for one measure to assess how states vary in their implementation of group prenatal care. The datasets, calculations, and sources referenced for each state are listed below.

Measure 2: CenteringPregnancy Group Prenatal Care Sites

Definition:

The number of CenteringPregnancy group prenatal care sites in the state (as of 2025)

Source:

Centering Healthcare Institute Inc., retrieved May 19, 2025, from <https://centering.my.salesforce-sites.com/WebPortal/LocateCenteringSitePage>