

# 2025 Prenatal-to-3 State Policy Roadmap



## A Roadmap to Strengthen Your State's Prenatal-to-3 System of Care

Grounded in the science of the developing child and based on comprehensive reviews of the most rigorous evidence available, this Prenatal-to-3 State Policy Roadmap provides evidence-based policy solutions that foster the nurturing environments infants and toddlers need to thrive.

### The annual Roadmap includes:

- Policy profiles that summarize the research and related impacts on child and family outcomes, and the progress states have made towards full and equitable implementation, and
- State profiles that track implementation of each effective Roadmap policy and strategy, and 19 child and family outcome measures that assess the wellbeing of its infants and toddlers.

### Few States Are Doing It All, But Many Are Moving Forward

Although no states newly implemented effective Roadmap policies in the last year, many states made progress to improve access to effective policies and strategies.

### Number of Implemented Effective Roadmap Policies by State

|            |    |    |    |    |    |    |    |    |          |    |           |           |           |
|------------|----|----|----|----|----|----|----|----|----------|----|-----------|-----------|-----------|
| 4 out of 4 | CA | CO | CT | DC | MA | NJ | NY | OR | RI       | WA | 10 States |           |           |
| 3 out of 4 | HI | IL | ME | MD | MI | MT | NE | NM | VT       | VA | 10 States |           |           |
| 2 out of 4 | AK | AZ | AR | DE | IN | IA | MN | MO | NV       | OH | SD        | 11 States |           |
| 1 out of 4 | FL | ID | KS | KY | LA | NH | NC | ND | OK       | PA | UT        | WV        | 12 States |
| 0 out of 4 | AL | GA | MS | SC | TN | TX | WI | WY | 8 States |    |           |           |           |

 State newly implemented at least one effective policy since October 1, 2024.

### Explore Iowa's Roadmap.

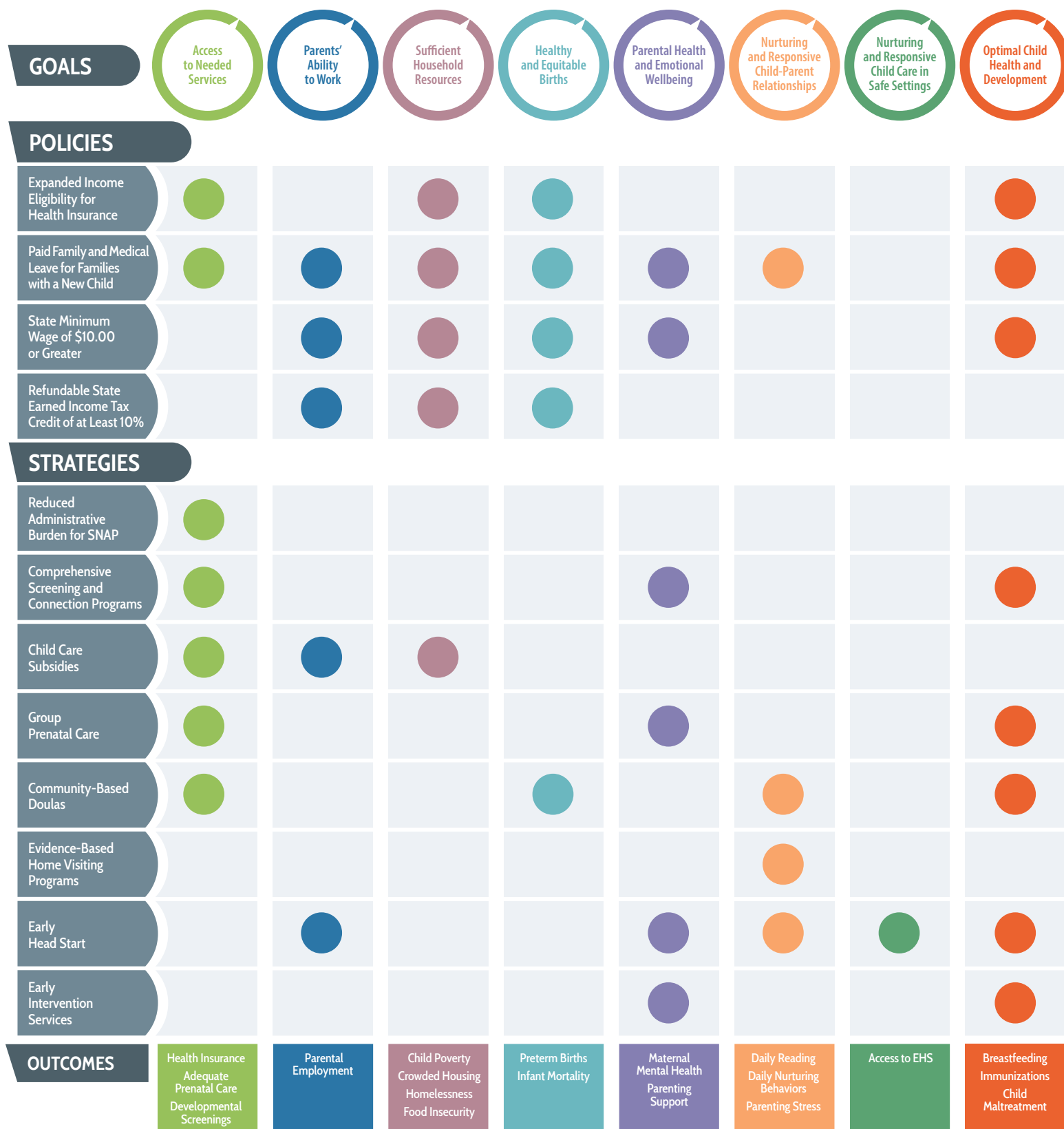
[pn3policy.org/roadmap/ia](https://pn3policy.org/roadmap/ia)

Contact us to inquire about our state services at [pn3center@vanderbilt.edu](mailto:pn3center@vanderbilt.edu) or submit a request for our services online at [pn3policy.org/state-services](https://pn3policy.org/state-services).



# Prenatal-to-3 State Policy Roadmap

Align Policy Goals with Effective Policy Solutions Proven to Impact Outcomes



# 2025 Iowa Roadmap Summary

IOWA

Explore a summary of your state's progress implementing effective policies and strategies.

## Effective Roadmap Policy

## 2025 Policy Snapshot



**Expanded Income Eligibility for Health Insurance to 138%**



**138%**  
of the FPL

Iowa has expanded Medicaid eligibility under the Affordable Care Act; thus, parents earning up to 138% of the FPL are eligible for Medicaid coverage in IA.

**Paid Family and Medical Leave for Families with a New Child**



**0**  
weeks

Iowa does not have a statewide paid family and medical leave program, but it is in the process of implementing a paid family leave program for eligible state employees.

**State Minimum Wage of \$10.00 or Greater**



**\$7.25**  
per hour

The current state minimum wage in Iowa is \$7.25. Iowa state statute indicates the state minimum wage will either be \$7.25 or the federal minimum, whichever is higher.



**Refundable State Earned Income Tax Credit of at Least 10%**



**15%**  
of the federal credit

Iowa has a refundable state EITC equal to 15% of the federal credit.



State has adopted and fully implemented the policy



State has newly adopted and fully implemented the policy since October 1, 2024

## Effective Roadmap Strategy

## 2025 Strategy Snapshot

**Reduced Administrative Burden for SNAP**



12-month  
Certification Period



Simplified Income  
Reporting



Online Case  
Management

**Comprehensive Screening and Connection Programs**



Statewide Goal



Medicaid Funding



State Funding

**Child Care Subsidies**



Income Eligibility  
(85% SMI)



Limit Family  
Copayments



Equitable  
Reimbursement Rates

**Group Prenatal Care**



Enhanced Medicaid  
Reimbursement Rate



State Funding

**Community-Based Doulas**



Medicaid  
Coverage



Fund Training and  
Credentialing

**Evidence-Based Home Visiting Programs**



Medicaid  
Funding



**Early Head Start**



State Support

**Early Intervention Services**



Very Low Birthweight  
Qualification



At-Risk  
Qualification



Eliminate  
Family Fees



State implemented all key policy levers



State has met the criteria for the lever



State has met criteria for the lever since October 1, 2024



State has not met the criteria for the lever

| Policy Goal                                          | Outcome Measure                                             | Worst State |                                                                                      | Best State | Rank |
|------------------------------------------------------|-------------------------------------------------------------|-------------|--------------------------------------------------------------------------------------|------------|------|
| Access to Needed Services                            | % Low-Income Women Uninsured                                | 40.7%       |    | 5.5%       | 9    |
|                                                      | % Births to Women Not Receiving Adequate Prenatal Care      | 25.9%       |    | 6.2%       | 13   |
|                                                      | % Children < 3 Not Receiving Developmental Screening        | 71.8%       |    | 41.3%      | 24   |
| Parents' Ability to Work                             | % Children < 3 Without Any Full-Time Working Parent         | 33.0%       |    | 12.3%      | 17   |
| Sufficient Household Resources                       | % Children < 3 in Poverty                                   | 26.7%       |    | 6.2%       | 25   |
|                                                      | % Children < 3 Living in Crowded Households                 | 35.3%       |    | 7.6%       | 13   |
|                                                      | % Children < 3 Experiencing Homelessness                    | 9.1%        |    | 1.1%       | 7    |
|                                                      | % Households Reporting Child Food Insecurity                | 16.2%       |    | 1.6%       | 34   |
| Healthy and Equitable Births                         | % Babies Born Preterm (< 37 Weeks)                          | 15.0%       |    | 7.7%       | 28   |
|                                                      | # of Infant Deaths per 1,000 Births                         | 8.9         |   | 2.9        | 18   |
| Parental Health and Emotional Wellbeing              | % Children < 3 Whose Mother Reports Fair/Poor Mental Health | 11.9%       |  | 2.3%       | 18   |
|                                                      | % Children < 3 Whose Parent Lacks Parenting Support         | 24.4%       |  | 6.2%       | 8    |
| Nurturing and Responsive Child-Parent Relationships  | % Children < 3 Not Read to Daily                            | 71.2%       |  | 38.6%      | 17   |
|                                                      | % Children < 3 Not Nurtured Daily                           | 49.9%       |  | 27.7%      | 31   |
|                                                      | % Children < 3 Whose Parent Reports Not Coping Very Well    | 44.1%       |  | 27.1%      | 30   |
| Nurturing and Responsive Child Care in Safe Settings | % Children Without Access to EHS                            | 95.5%       |  | 30.0%      | 19   |
| Optimal Child Health and Development                 | % Children Whose Mother Reported Never Breastfeeding        | 30.3%       |  | 6.9%       | 34   |
|                                                      | % Children < 3 Not Up to Date on Immunizations              | 39.6%       |  | 9.9%       | 26   |
|                                                      | Maltreatment Rate per 1,000 Children < 3                    | 28.1        |  | 2.0        | 51   |

Data marked with a \* should be interpreted with caution. For additional information regarding calculation details, data quality, and source data please refer to Methods and Sources.