

2025 Prenatal-to-3 State Policy Roadmap



A Roadmap to Strengthen Your State's Prenatal-to-3 System of Care

Grounded in the science of the developing child and based on comprehensive reviews of the most rigorous evidence available, this Prenatal-to-3 State Policy Roadmap provides evidence-based policy solutions that foster the nurturing environments infants and toddlers need to thrive.

The annual Roadmap includes:

- Policy profiles that summarize the research and related impacts on child and family outcomes, and the progress states have made towards full and equitable implementation, and
- State profiles that track implementation of each effective Roadmap policy and strategy, and 19 child and family outcome measures that assess the wellbeing of its infants and toddlers.

Few States Are Doing It All, But Many Are Moving Forward

Although no states newly implemented effective Roadmap policies in the last year, many states made progress to improve access to effective policies and strategies.

Number of Implemented Effective Roadmap Policies by State

4 out of 4	CA	CO	CT	DC	MA	NJ	NY	OR	RI	WA	10 States		
3 out of 4	HI	IL	ME	MD	MI	MT	NE	NM	VT	VA	10 States		
2 out of 4	AK	AZ	AR	DE	IN	IA	MN	MO	NV	OH	SD	11 States	
1 out of 4	FL	ID	KS	KY	LA	NH	NC	ND	OK	PA	UT	WV	12 States
0 out of 4	AL	GA	MS	SC	TN	TX	WI	WY	8 States				

 State newly implemented at least one effective policy since October 1, 2024.

Explore Texas's Roadmap.

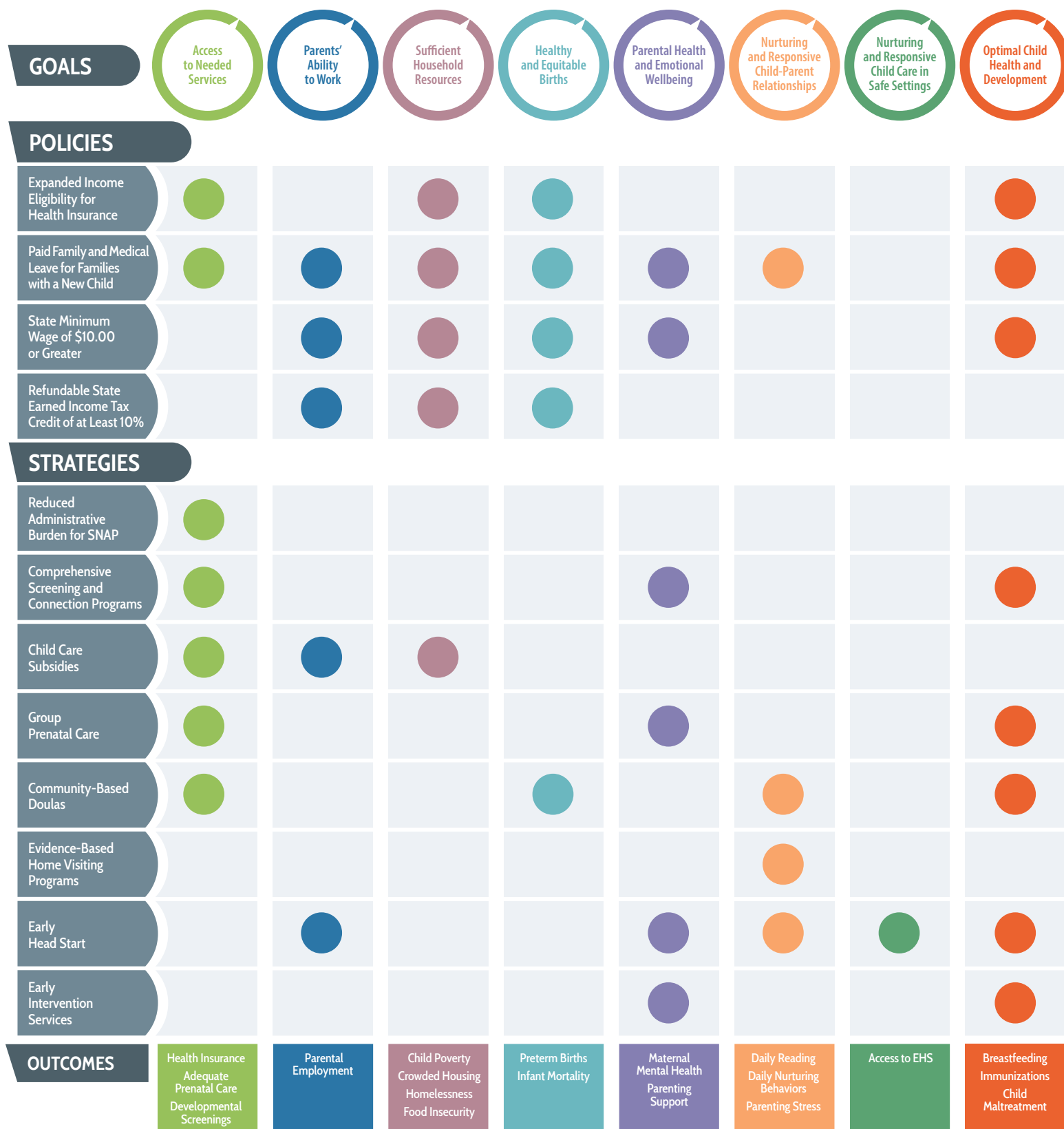
pn3policy.org/roadmap/tx

Contact us to inquire about our state services at pn3center@vanderbilt.edu or submit a request for our services online at pn3policy.org/state-services.



Prenatal-to-3 State Policy Roadmap

Align Policy Goals with Effective Policy Solutions Proven to Impact Outcomes



2025 Texas Roadmap Summary

TEXAS

Explore a summary of your state's progress implementing effective policies and strategies.

As of September 30, 2025. See Methods and Sources for additional information at <https://pn3policy.org/methods-and-sources/>

Effective Roadmap Policy

2025 Policy Snapshot

Expanded Income Eligibility for Health Insurance to 138%

▶ **15%**
of the FPL

Texas has not expanded Medicaid eligibility under the Affordable Care Act; thus, only parents earning up to 15% of the FPL are eligible for Medicaid coverage in TX.

Paid Family and Medical Leave for Families with a New Child

▶ **0**
weeks

Texas does not have a statewide paid family and medical leave program, but it does have a paid family leave program for eligible state employees.

State Minimum Wage of \$10.00 or Greater

▶ **\$7.25**
per hour

The current state minimum wage in Texas is \$7.25 and is set by state statute to the federal minimum.

Refundable State Earned Income Tax Credit of at Least 10%

▶ **No**
EITC

Texas does not have a state EITC, and the state does not have an income tax, which is the typical mechanism used to finance and provide administrative structure for a state EITC.

✓ State has adopted and fully implemented the policy

+1 State has newly adopted and fully implemented the policy since October 1, 2024

Effective Roadmap Strategy

2025 Strategy Snapshot

Reduced Administrative Burden for SNAP



○ 12-month
Certification Period

○ Simplified Income
Reporting

✓ Online Case
Management

Comprehensive Screening and Connection Programs



○ Statewide Goal

✓ Medicaid Funding

✓ State Funding

★ **Child Care Subsidies**



✓ Income Eligibility
(85% SMI)

✓ Limit Family
Copayments

NEW Equitable
Reimbursement Rates

★ **Group Prenatal Care**



✓ Enhanced Medicaid
Reimbursement Rate

✓ State Funding

Community-Based Doulas



○ Medicaid
Coverage

○ Fund Training and
Credentialing

Evidence-Based Home Visiting Programs



○ Medicaid
Funding

Early Head Start



○ State Support

Early Intervention Services



✓ Very Low Birthweight
Qualification

○ At-Risk
Qualification

○ Eliminate
Family Fees

★ State implemented all key policy levers

✓ State has met the criteria for the lever

NEW State has met criteria for the lever since October 1, 2024

○ State has not met the criteria for the lever



Data marked with a * should be interpreted with caution. For additional information regarding calculation details, data quality, and source data please refer to Methods and Sources.