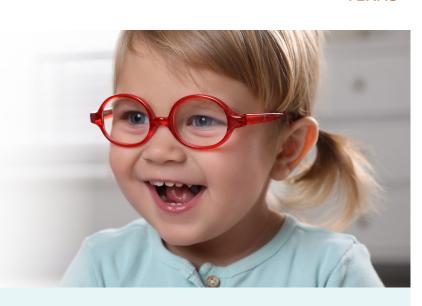




2025 Prenatal-to-3 State Policy Roadmap



A Roadmap to Strengthen Your State's Prenatal-to-3 System of Care

Grounded in the science of the developing child and based on comprehensive reviews of the most rigorous evidence available, this Prenatal-to-3 State Policy Roadmap provides evidence-based policy solutions that foster the nurturing environments infants and toddlers need to thrive.

The annual Roadmap includes:

- Policy profiles that summarize the research and related impacts on child and family outcomes, and the progress states have made towards full and equitable implementation, and
- State profiles that track implementation of each effective Roadmap policy and strategy, and 19 child and family outcome measures that assess the wellbeing of its infants and toddlers.

Few States Are Doing It All, But Many Are Moving Forward

Although no states newly implemented effective Roadmap policies in the last year, many states made progress to improve access to effective policies and strategies.

Number of Implemented Effective Roadmap Policies by State



Explore Texas's Roadmap.

pn3policy.org/roadmap/tx

Contact us to inquire about our state services at pn3center@vanderbilt.edu or submit a request for our services online at pn3policy.org/state-services.



Prenatal-to-3 State Policy Roadmap

Align Policy Goals with Effective Policy Solutions Proven to Impact Outcomes

GOALS Access to Needed Services	Parents' Ability to Work	Sufficient Household Resources	Healthy and Equitable Births	Parental Health and Emotional Wellbeing	Nurturing and Responsive Child-Parent Relationships	Nurturing and Responsive Child Care in Safe Settings	Optimal Child Health and Development
POLICIES Expanded Income Eligibility for							
Health Insurance Paid Family and Medical Leave for Families with a New Child							
State Minimum Wage of \$10.00 or Greater							
Refundable State Earned Income Tax Credit of at Least 10% STRATEGIES							
Reduced Administrative Burden for SNAP							
Comprehensive Screening and Connection Programs							
Child Care Subsidies Group Prenatal Care							
Community-Based Doulas							
Evidence-Based Home Visiting Programs							
Early Head Start Early Intervention							
OUTCOMES Health Insurance Adequate Prenatal Care Developmenta Screenings	Employment	Child Poverty Crowded Housing Homelessness Food Insecurity	Preterm Births Infant Mortality	Maternal Mental Health Parenting Support	Daily Reading Daily Nurturing Behaviors Parenting Stress	Access to EHS	Breastfeeding Immunizations Child Maltreatment

2025 Texas Roadmap Summary

Explore a summary of your state's progress implementing effective policies and strategies.

As of September 30, 2025. See Methods and Sources for additional information at https://pn3policy.org/methods-and-sources/

Effective Roadmap Policy 2025 Policy Snapshot								
Expanded Income Eligibility for Health Insurance to 138%	15% of the FPI	Texas has not expanded Medicaid eligibility under the Affordal Care Act; thus, only parents earning up to 15% of the FPL are eligible for Medicaid coverage in TX.						
Paid Family and Medical Leave for Families with a New Child	O p	Texas does not have a statewide paid family and medical leave program, but it does have a paid family leave program for eligible state employees.						
State Minimum Wage of \$10.00 or Greater	37.23	The current state minimum wage in Texas is \$7.25 and is set by state statute to the federal minimum.						
Refundable State Earned Income Tax Credit of at Least 10% Texas does not have a state EITC, and the state does not have an income tax, which is the typical mechanism used to finance and provide administrative structure for a state EITC.								
State has adopted and fully implemented the	ne policy	State has newly a	dopted and fully implemented t	he policy since October 1, 2024				
Effective Roadmap Strategy	ive Roadmap Strategy Snapshot 2025 Strategy Snapshot							
Reduced Administrative Burden for SNAP	O 12-montl Certificat	n ion Period	Simplified Income Reporting	Online Case Management				
Comprehensive Screening and Connection Programs	Statewid	e Goal	Medicaid Funding	State Funding				
Child Care Subsidies	Income E (85% SM	• ,	Limit Family Copayments	Equitable Reimbursement Rates				
Group Prenatal Care		d Medicaid sement Rate	State Funding					
Community-Based Doulas	O Medicaid Coverage		Fund Training and Credentialing					
Evidence-Based Home Visiting Programs	Medicaid Funding							
Early Head Start	State Sup	oport						
Early Intervention Services	Very Low Qualifica	Birthweight tion	At-Risk Qualification	Eliminate Family Fees				
State implemented all key policy levers State has met criteria for the lever since Oct	ober 1, 2024		nas met the criteria for the lever	ever				

Policy Goal	Outcome Measure	Worst State	Best State	Rank
Access to Needed Services	% Low-Income Women Uninsured	40.7% TX	5.5%	51
	% Births to Women Not Receiving Adequate Prenatal Care	25.9% TX	6.2%	48
	% Children < 3 Not Receiving Developmental Screening	71.8% 59.2% TX	41.3%	30
Parents' Ability to Work	% Children < 3 Without Any Full-Time Working Parent	33.0% • 25.0% TX	12.3%	33
Sufficient Household Resources	% Children < 3 in Poverty	26.7% • 19.7% TX	6.2%	43
	% Children < 3 Living in Crowded Households	35.3% 24.9% TX	7.6%	45
	% Children < 3 Experiencing Homelessness	9.1% • 2.3% TX	1.1%	20
	% Households Reporting Child Food Insecurity	16.2% • 11.9% • TX	1.6%	48
Healthy and Equitable Births	% Babies Born Preterm (< 37 Weeks)	15.0% 11.1% TX	7.7%	39
	# of Infant Deaths per 1,000 Births	8.9 5.8 TX	2.9	27
Parental Health and Emotional Wellbeing	% Children < 3 Whose Mother Reports Fair/Poor Mental Health	11.9% • 10.7% • TX	2.3%	47
	% Children < 3 Whose Parent Lacks Parenting Support	24.4% 19.3% TX	6.2%	45
Nurturing and Responsive Child- Parent Relationships	% Children < 3 Not Read to Daily	71.2% TX	38.6%	50
	% Children < 3 Not Nurtured Daily	49.9% 48.3% TX	27.7%	49
	% Children < 3 Whose Parent Reports Not Coping Very Well	44.1% • 37.2% TX	27.1%	34
Nurturing and Responsive Child Care in Safe Settings	% Children Without Access to EHS	95.5% 93.5% TX	→ 30.0%	48
Optimal Child Health and Development	% Children Whose Mother Reported Never Breastfeeding	30.3% 22.2% TX	6.9%	45
	% Children < 3 Not Up to Date on Immunizations	39.6% • 29.4% TX	9.9%	23
	Maltreatment Rate per 1,000 Children < 3	28.1 • 16.3 TX	2.0	29

Data marked with a * should be interpreted with caution. For additional information regarding calculation details, data quality, and source data please refer to Methods and Sources.





