

2026 Prenatal-to-3 State Policy Roadmap

Methods and Sources

Effective Strategies

REDUCED ADMINISTRATIVE BURDEN FOR SNAP

What is administrative burden and why is it important?

All references for this section are provided in the Notes and Sources section at the bottom of each webpage. Additionally, search the [Prenatal-to-3 Policy Clearinghouse](#) for an ongoing inventory of rigorous evidence reviews, including more information on reduced administrative burden for SNAP (the Supplemental Nutrition Assistance Program).

What impact does reducing administrative burden for SNAP have?

The following studies meet standards of strong causal evidence to demonstrate the impacts reduced administrative burden for SNAP for the health and wellbeing of young children and their families:

- A. Dickert-Conlin, S., Fitzpatrick, K., Stacy, B., & Tiehen, L. (2020). *The downs and ups of the SNAP caseload: What matters?* Applied Economic Perspectives and Policy. Updated manuscript provided to the Prenatal-to-3 Policy Impact Center via email on February 12, 2021.
- B. Ganong, P., & Liebman, J. B. (2018). *The decline, rebound, and further rise in SNAP enrollment: Disentangling business cycle fluctuations and policy changes*. American Economic Journal: Economic Policy, 10(4), 153–176. <https://www.aeaweb.org/articles?id=10.1257/pol.20140016>
- C. Gray, C. (2019). *Leaving benefits on the table: Evidence from SNAP*. Journal of Public Economics, 179, 1–15. <https://doi.org/10.1016/j.jpubeco.2019.104054>
- D. Hardy, B., Smeeding, T., & Ziliak, J. P. (2018). *The Changing Safety Net for Low-Income Parents and Their Children: Structural or Cyclical Changes in Income Support Policy?* Demography, 55(1), 189–221. <https://doi.org/10.1007/s13524-017-0642-7>
- E. Ratcliffe, C., McKernan, S., & Finegold, K. (2008). *Effects of food stamp and TANF policies on food stamp receipt*. Social Service Review, 82(2), 291–334. <https://www.journals.uchicago.edu/doi/10.1086/589707>
- F. Ribar, D. C., Edelhoch, M., & Liu, Q. (2008). *Watching the clocks: The role of food stamp recertification and TANF time limits in caseload dynamics*. The Journal of Human Resources, 43(1), 208–239. <https://muse.jhu.edu/article/466582>
- G. Mabli, J., & Ferreros, C. (2010). *Supplemental Nutrition Assistance Program caseload trends and changes in measures of unemployment, labor underutilization, and program policy from 2000 to 2008*. Mathematica Policy Research, Inc. <https://mathematica.org/publications/supplemental-nutrition-assistance-program-caseload-trends-and-changes-in-measures-of-unemployment-labor-underutilization-and-program-policy-from-2000-to-2008>
- H. Ziliak, J. P. (2016). *Why are so many Americans on food stamps? The role of the economy, policy, and demographics*. In Ziliak, J. P., Bartfeld, J., Gundersen, C., Smeeding, T. (Eds.), *SNAP matters: How food stamps affect health and well-being* (pp. 18–48). Stanford University Press.

- I. Hanratty, M. J. (2006). *Has the food stamp program become more accessible? Impacts of recent changes in reporting requirements and asset eligibility limits*. Journal of Policy Analysis and Management, 25(3), 603–621. <https://doi.org/10.1002/pam.20193>
- J. Kabbani, N. S., & Wilde, P. E. (2003). *Short recertification periods in the US food stamp program*. The Journal of Human Resources, 38, 1112–1138. <https://doi.org/10.2307/3558983>
- K. Klerman, J. A., & Danielson, C. (2011). *The transformation of the Supplemental Nutrition Assistance Program*. Journal of Policy Analysis and Management, 30(4), 863–888. <https://doi.org/10.1002/pam.20601>
- L. Homonoff, T., & Somerville, J. (2021). *Program recertification costs: Evidence from SNAP*. American Economic Journal: Economic Policy, 13(4), 271–298. <https://pubs.aeaweb.org/doi/pdfplus/10.1257/pol.20190272>
- M. Murphy, J. (2020). *SNAP Take-Up and Transaction Costs: An Analysis Using the Food Security Survey* (SSRN Scholarly Paper ID 3305961). Social Science Research Network. <https://doi.org/10.2139/ssrn.3305961>
- N. Kenney, E., Soto, M., Fubini, M., Carleton, A., Lee, M., & Bleich, S. (2022). *Simplification of Supplemental Nutrition Assistance Program Recertification Processes and Association with Uninterrupted Access to Benefits Among Participants With Young Children*. JAMA Network Open. <http://doi.org/10.1001/jamanetworkopen.2022.30150>
- O. Fox, A., Feng, W., & Reynolds, M. (2022). *The effect of administrative burden on state safety-net participation: Evidence from food assistance, cash assistance, and Medicaid*. Public Administration Review. <http://doi.org/10.1111/puar.13497>
- P. Giannella, E., Homonoff, T., Rino, G., & Somerville, J. (2023). *Administrative Burden and Procedural Denials: Experimental Evidence from SNAP*. NBER Working Papers. <http://doi.org/10.3386/w31239>
- Q. Heflin, C., Fannin, W., & Lopoo, L. (2023). *Local Control, Discretion, and Administrative Burden: SNAP Interview Waivers and Caseloads During the COVID-19 Pandemic*. The American Review of Public Administration, 53(7-8). <http://doi.org/10.1177/02750740231186423>
- R. Wang, X., Valizadeh, P., Nayga, R. M., Bryant, H. L., & Fischer, B. L. (2026). *Broad-Based Categorical Eligibility Policy and SNAP Participation*. Journal of Policy Analysis and Management, 45(1), Article 70063. <https://doi.org/10.1002/pam.70063>

What progress have states made in the last year to reduce administrative burden for SNAP?

SNAP administrative manuals, SNAP websites, and personal communication with SNAP administrators were used as the source for our understanding of states' status and progress toward reducing administrative burden. The sources for each individual state and the detailed methodology can be found below. Because of how this policy is defined, many states make progress year to year through administrative changes.

We also performed an electronic search using Quorum State between August 16, 2025, and August 15, 2026, to assess legislative progress pertaining to SNAP certification intervals and income reporting requirements. For states that were still in legislative session on August 15, 2026, we continued to track their legislative progress until September 30, 2026. The main search strategy used combinations of keywords for proposals to change or legislate SNAP certification intervals (SNAP AND certification period, recertification AND SNAP, recertification WITHIN 10 OF SNAP, redetermination of eligibility WITHIN 10 OF SNAP, and recertification WITHIN 10 OF nutrition), combinations of keywords for proposals to change or legislate income reporting requirements for SNAP (SNAP AND simplified reporting, SNAP WITHIN 10 OF simplified reporting, SNAP AND semi-annual reporting, SNAP AND interim report, SNAP AND change reporting, and SNAP AND reporting requirements), and combinations of words for proposals to change or legislate availability of online applications (SNAP WITHIN 10 of online application, and SNAP within 10 of application).

Policy research staff conducted searches, analyzed results for relevant state legislation, and summarized the progress states made towards adopting and fully implementing certification periods of at least 12 months and adopting and fully implementing simplified reporting for families receiving SNAP. Due to the 2025 One Big Beautiful Bill Act's (OBBBA) federal changes to SNAP administration and financing at the state level, we also analyzed and summarized policies related to OBBBA's implementation that are likely to influence administrative burdens associated with the SNAP program. Emerging trends related to SNAP food restriction waivers were also tracked due to their potential association with administrative burden. The table below lists relevant, reviewed legislation from all 51 states throughout the 2026 legislative session. This component of legislative progress did not impact a state's rating this year but is presented in the individual state Roadmaps.

Sources:

State	Sources
Alabama	1. S.B. 57, 2026 Leg., Reg. Sess., (Ala. 2026). 2. S.B. 61, 2026 Leg., Reg. Sess., (Ala. 2026).
Arizona	1. H.B. 4147, 57th Leg., 2nd Reg. Sess., (Ariz. 2026). 2. S.B. 1840, 57th Leg., 2nd Reg. Sess., (Ariz. 2026). 3. S.B. 2165, 57th Leg., 2nd Reg. Sess., (Ariz. 2026). 4. H.B. 2797, 57th Leg., 2nd Reg. Sess., (Ariz. 2026). 5. H.B. 2206, 57th Leg., 2nd Reg. Sess., (Ariz. 2026). 6. S.B. 1333, 57th Leg., 2nd Reg. Sess., (Ariz. 2026). 7. H.B. 2396, 57th Leg., 2nd Reg. Sess., (Ariz. 2026). 8. S.B. 1368, 57th Leg., 2nd Reg. Sess., (Ariz. 2026). 9. H.B. 2940, 57th Leg., 2nd Reg. Sess., (Ariz. 2026).
Arkansas	1. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
California	1. A.B. 2765, 2025-2026 Leg., Reg. Sess., (Cal. 2026). 2. S.B. 1054, 2025-2026 Leg., Reg. Sess., (Cal. 2026). 3. S.B. 1134, 2025-2026 Leg., Reg. Sess., (Cal. 2026). 4. A.B. 2299, 2025-2026 Leg., Reg. Sess., (Cal. 2026).
Colorado	1. H.B. 26-1429, 75th General Assembly, 2nd Reg. Sess., (Colo. 2026). 2. S.B. 25B-003, 75th General Assembly, 1st Spec. Sess., (Colo. 2025). 3. Colorado Secretary of State. (2025). <i>Amendments and Propositions on the 2025 Ballot: Proposition LL</i>. https://www.sos.state.co.us/pubs/elections/Initiatives/ballot/contacts/2025.html 4. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Connecticut	1. S.B. 497, 2026 Leg., Reg. Sess., (Conn. 2026). 2. S.B. 401, 2026 Leg., Reg. Sess., (Conn. 2026).
Florida	1. S.B. 1758, 2026 Leg., Reg. Sess., (Fla. 2026). 2. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Georgia	1. H.B. 947, 2025-2026 Leg., Reg. Sess., (Ga. 2026).
Hawaii	1. S.B. 3245, 33rd Leg., Reg. Sess., (Haw. 2026). 2. H.B. 2116, 33rd Leg., Reg. Sess., (Haw. 2026). 3. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Idaho	1. H. 730, 68th Leg., 2nd Reg. Sess., (Idaho 2026).

State	Sources
	2. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i> . Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Illinois	1. H.B. 4991, 104 th Leg., Reg. Sess., (Ill. 2026). 2. H.B. 5377, 104 th Leg., Reg. Sess., (Ill. 2026). 3. S.B. 2908, 104 th Leg., Reg. Sess., (Ill. 2026). 4. S.B. 3882, 104 th Leg., Reg. Sess., (Ill. 2026). 5. H.B. 4831, 104 th Leg., Reg. Sess., (Ill. 2026). 6. H.B. 4730, 104 th Leg., Reg. Sess., (Ill. 2026). 7. S.B. 3276, 104 th Leg., Reg. Sess., (Ill. 2026). 8. S.B. 3360, 104 th Leg., Reg. Sess., (Ill. 2026). 9. S.B. 3682, 104 th Leg., Reg. Sess., (Ill. 2026).
Indiana	1. S.B. 1, 124 th Leg., 2 nd Reg. Sess., (Ind. 2026). 2. H.B. 1406, 124 th Leg., 2 nd Reg. Sess., (Ind. 2026). 3. H.B. 1394, 124 th Leg., 2 nd Reg. Sess., (Ind. 2026). 4. S.B. 276, 124 th Leg., 2 nd Reg. Sess., (Ind. 2026). 5. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i> . Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Iowa	1. S.F. 2422, 91 st General Assembly, (Iowa 2026). 2. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i> . Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Kansas	1. H.B. 2731, 2025-2026 Leg., Reg. Sess., (Kan. 2026). 2. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i> . Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Kentucky	1. H.B. 2, 2026 Leg., Reg. Sess., (Ky. 2026). 2. S.B. 257, 2026 Leg., Reg. Sess., (Ky. 2026). 3. S.B. 265, 2026 Leg., Reg. Sess., (Ky. 2026).
Louisiana	1. S.B. 415, 2026 Leg., Reg. Sess., (La. 2026). 2. S.B. 52, 2026 Leg., Reg. Sess., (La. 2026). 3. S.B. 194, 2026 Leg., Reg. Sess., (La. 2026). 4. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i> . Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Maine	1. L.D. 2122, 132 nd Leg., 2 nd Reg. Sess., (Me. 2026).
Maryland	1. H.B. 1331, 448 th General Assembly, Reg. Sess., (Md. 2026).
Massachusetts	1. S. 3040, 194 th Leg., Reg. Sess., (Mass. 2026).
Michigan	1. H.B. 5812, 103 rd Leg., Reg. Sess., (Mich. 2026).
Minnesota	1. S.F. 334, 94 th Leg., Reg. Sess., (Minn. 2026). 2. H.F. 4675, 94 th Leg., Reg. Sess., (Minn. 2026). 3. S.F. 4719, 94 th Leg., Reg. Sess., (Minn. 2026). 4. H.F. 4523, 94 th Leg., Reg. Sess., (Minn. 2026). 5. S.F. 4742, 94 th Leg., Reg. Sess., (Minn. 2026). 6. H.F. 3772, 94 th Leg., Reg. Sess., (Minn. 2026). 7. S.B. 4061, 94 th Leg., Reg. Sess., (Minn. 2026). 8. S.F. 4645, 94 th Leg., Reg. Sess., (Minn. 2026). 9. H.F. 4136, 94 th Leg., Reg. Sess., (Minn. 2026). 10. S.F. 4359, 94 th Leg., Reg. Sess., (Minn. 2026). 11. H.F. 3616, 94 th Leg., Reg. Sess., (Minn. 2026). 12. S.F. 3618, 94 th Leg., Reg. Sess., (Minn. 2026).

State	Sources
	13. H.F. 3604, 94 th Leg., Reg. Sess., (Minn. 2026).
Mississippi	1. S.B. 2765, 2026 Leg. Reg. Sess., (Miss. 2026). 2. S.B. 2451, 2026 Leg. Reg. Sess., (Miss. 2026). 3. H.B. 1033, 2026 Leg. Reg. Sess., (Miss. 2026). 4. H.B. 553, 2026 Leg. Reg. Sess., (Miss. 2026). 5. S.B. 2531, 2026 Leg. Reg. Sess., (Miss. 2026). 6. H.B. 1513, 2026 Leg. Reg. Sess., (Miss. 2026). 7. S.B. 2198, 2026 Leg. Reg. Sess., (Miss. 2026).
Missouri	1. S.B. 1760, 103rd Leg., 2nd Reg. Sess., (Mo. 2026). 2. S.B. 1070, 103rd Leg., 2nd Reg. Sess., (Mo. 2026). 3. S.B. 1772, 103rd Leg., 2nd Reg. Sess., (Mo. 2026). 4. S.B. 1616, 103rd Leg., 2nd Reg. Sess., (Mo. 2026). 5. H.B. 2468, 103rd Leg., 2nd Reg. Sess., (Mo. 2026). 6. H.B. 2481, 103rd Leg., 2nd Reg. Sess., (Mo. 2026). 7. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Montana	1. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i> . Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Nebraska	1. L.B. 656, 109th Leg., 2nd Reg. Sess., (Neb. 2026). 2. L.B. 734, 109th Leg., 2nd Reg. Sess., (Neb. 2026). 3. L.B. 843, 109th Leg., 2nd Reg. Sess., (Neb. 2026). 4. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Nevada	1. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i> . Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
New Hampshire	1. H.B. 1797, 169th Leg., Reg. Sess., (N.H. 2026). 2. S.B. 615, 169th Leg., Reg. Sess., (N.H. 2026). 3. H.B. 1750, 169th Leg., Reg. Sess., (N.H. 2026). 4. H.B. 1773, 169th Leg., Reg. Sess., (N.H. 2026).
New Jersey	1. A. 2058, 222nd Leg., Reg. Sess., (N.J. 2026). 2. S. 2959, 222nd Leg., Reg. Sess., (N.J. 2026). 3. A. 4806, 222nd Leg., Reg. Sess., (N.J. 2026). 4. S. 3808, 222nd Leg., Reg. Sess., (N.J. 2026). 5. S. 3811, 222nd Leg., Reg. Sess., (N.J. 2026). 6. A. 3883, 222nd Leg., Reg. Sess., (N.J. 2026). 7. A. 4941, 222nd Leg., Reg. Sess., (N.J. 2026). 8. S. 295, 222nd Leg., Reg. Sess., (N.J. 2026). 9. A. 2254, 222nd Leg., Reg. Sess., (N.J. 2026). 10. S. 941, 222nd Leg., Reg. Sess., (N.J. 2026). 11. A. 2624, 222nd Leg., Reg. Sess., (N.J. 2026). 12. A. 4943, 222nd Leg., Reg. Sess., (N.J. 2026). 13. S. 465, 222nd Leg., Reg. Sess., (N.J. 2026). 14. 2. 2967, 222nd Leg., Reg. Sess., (N.J. 2026). 15. S. 4049, 222nd Leg., Reg. Sess., (N.J. 2026). 16. A. 4441, 222nd Leg., Reg. Sess., (N.J. 2026). 17. A. 4102, 222nd Leg., Reg. Sess., (N.J. 2026).
New Mexico	1. S.B. 137, 57th Leg., 2nd Reg. Sess. (N.M. 2026). 2. S.B. 186, 57th Leg., 2nd Reg. Sess. (N.M. 2026).

State	Sources
New York	1. A. 2538A, 2025-2026 Leg., Reg. Sess., (N.Y. 2026). 2. S. 7754A, 2025-2026 Leg., Reg. Sess., (N.Y. 2026). 3. A. 6632, 2025-2026 Leg., Reg. Sess., (N.Y. 2026). 4. S. 9033, 2025-2026 Leg., Reg. Sess., (N.Y. 2026). 5. S. 8750, 2025-2026 Leg., Reg. Sess., (N.Y. 2026).
North Carolina	1. H. 1071, 2025-2026 Leg., Reg. Sess., (N.C. 2026). 2. S. 920, 2025-2026 Leg., Reg. Sess., (N.C. 2026). 3. S. 904, 2025-2026 Leg., Reg. Sess., (N.C. 2026). 4. H. 1057, 2025-2026 Leg., Reg. Sess., (N.C. 2026).
North Dakota	1. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Ohio	1. S.B. 315, 136th General Assembly, (Oh. 2026). 2. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Oklahoma	1. S.B. 2022, 60th Leg., 2nd Reg. Sess., (Okla. 2026). 2. H.B. 4110, 60th Leg., 2nd Reg. Sess., (Okla. 2026). 3. H.B. 4422, 60th Leg., 2nd Reg. Sess., (Okla. 2026). 4. H.B. 3597, 60th Leg., 2nd Reg. Sess., (Okla. 2026). 5. S.B. 1310, 60th Leg., 2nd Reg. Sess., (Okla. 2026). 6. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Rhode Island	1. H.B. 7394, 2026 Leg., Reg. Sess., (R.I. 2026). 2. H.R. 7259, 2026 Leg., Reg. Sess., (R.I. 2026). 3. S.R. 2237, 2026 Leg., Reg. Sess., (R.I. 2026). 4. H.R. 7258, 2026 Leg., Reg. Sess., (R.I. 2026).
South Carolina	1. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Tennessee	1. S.B. 2132, 114th Leg., Reg. Sess., (Tenn. 2026). 2. H.B. 2043, 114th Leg., Reg. Sess., (Tenn. 2026). 3. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Texas	1. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Utah	1. H.B. 471, 2026 Leg., Reg. Sess., (Utah 2026). 2. S.B. 4, 2026 Leg., Reg. Sess., (Utah 2026). 3. H.B. 88, 2026 Leg., Reg. Sess., (Utah 2026). 4. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Vermont	1. H. 951, 2025-2026 Leg., Reg. Sess., (Vt. 2026).
Virginia	1. H.B. 1456, 2026 Leg., Reg. Sess., (Va. 2026). 2. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction
Washington	1. H.B. 2100, 69th Leg., Reg. Sess., (Wash. 2026). 2. S.B. 609, 69th Leg., Reg. Sess., (Wash. 2026).
West Virginia	1. H.B. 5645, 87th Leg., 2nd Reg. Sess., (W.Va. 2026). 2. H.B. 4595, 87th Leg., 2nd Reg. Sess., (W.Va. 2026). 3. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i>. Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction

State	Sources
Wisconsin	1. A.B. 180, 2025-2026 Leg., Reg. Sess., (Wis. 2026).
Wyoming	1. S.F. 0106, 68 th Leg., Budget Sess., (Wyo. 2026). 2. US Department of Agriculture. (2026). <i>SNAP Food Restriction Waivers</i> . Food and Nutrition Administration. Retrieved on August 25, 2026, from https://www.fna.usda.gov/snap/waivers/foodrestriction

How and why do states vary in reduced administrative burden for SNAP?

We previously included Reduced Administrative Burden for SNAP as an effective Roadmap policy, suggesting that there are distinct policy levers states can implement to increase participation in SNAP among eligible households. However, as rigorous research evolves, specific levers are less clear, such that though combinations of low-burden policies are effective in increasing participation in SNAP, the strength and interaction of levers individually and in combination with one another are difficult to parse out. As such, administrative burden is now defined as an effective Roadmap strategy, suggesting that reduced administrative burden for SNAP impacts PN-3 goals; however, the research does not yet provide precise guidance for state legislative or regulatory action.

In the absence of one evidence-based state policy, we present several choices for low-burden policies choices that states can make to reduce administrative burden and thereby increase participation among eligible families. The policies included are those most commonly included in the research that assesses low-burden policies. Additionally, we leverage available data to assess state variation across a range of factors to demonstrate what progress states are making relative to one another. We consider the progress of states reducing administrative burden for SNAP using the following levers:

1. A minimum of a 12-month certification period for all families with children;
2. Simplified income reporting for all families with children; and
3. The availability of online case management platforms

We also look at the percent of eligible families not receiving SNAP in each state. The datasets, calculations, and sources referenced for each state are listed below. This section also contains the sources for the information presented in the individual state Roadmaps.

Measures 1 & 2: 12-month certification period is assigned to all families with children (measure 1), and simplified reporting assigned to all SNAP-eligible families with children (measure 2)

Measure 1 Definition:

The state offers at least a 12-month certification period to all eligible families with children.

Measure 2 Definition:

The state assigns simplified income reporting to all eligible families with children.

Notes for Measures 1 and 2:

1. Measure 1 was reported as “variable” when there was not a clear standard certification period for most families or when the SNAP administrator had significant discretion in determining certification periods based on the household’s circumstances. The states with variable intervals in 2025 were Hawaii, Mississippi, New York, and Wyoming.
2. While generally, SNAP recipients are identified by “households” or “units”, we use the term “family” interchangeably with both terms.
3. Transitional Benefit Alternative recipients were excluded when we determined certification periods and reporting requirements for all families in Measures 1 and 2. The Transitional Benefit Alternative is an option under federal SNAP rules, that allows states to continue SNAP benefits for up to 5 months for most families when they leave the Temporary Assistance for Needy Families (TANF) program.
4. Households that contain an able-bodied worker without dependents (ABWADs) were excluded when we determined certification periods and reporting requirements for all families in Measures 1 and 2. By definition, households that include children do not also include ABWADs.

Sources for Measures 1 and 2:

State	Sources
Alabama	1. Alabama Department of Human Resources. (n.d.). <i>POE online manual</i> . Retrieved on May 6, 2026, from https://apps.dhr.alabama.gov/POE/POEhome
Alaska	1. Alaska Department of Health and Social Services, Division of Public Assistance. (2007). <i>Alaska Supplemental Nutrition Assistance Program (SNAP) manual</i> . Retrieved on May 6, 2026, from http://dpaweb.hss.state.ak.us/manuals/fs/fsp.htm
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Measure 3: Online availability of online SNAP case management services.

Definition:

State offers an online portal where SNAP recipients can log in to access their case information, apply for benefits, report changes, and upload documents. Specific case management services available through these portals differ between states and may include tools such as appointment scheduling, appealing decisions, and saving incomplete applications.

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Measure 4: Percentage of eligible children ages 0 through 3 not receiving SNAP

Definition:

The percentage of eligible children ages 0 through 3 who are eligible for SNAP benefits but did not receive them.

Notes:

1. Prior to Roadmap 2026, we reported the percentage of eligible SNAP units with children under 18 who are eligible for SNAP benefits but did not receive them. We generated this measure using estimates from a three-year pooled sample of the Urban Institute's TRIM3 data, a microsimulation based on the Census Bureau's Current Population Survey. In spring 2026, the Urban Institute released a new data tool called the State of the Safety Net, which estimates participation rates for public programs, including SNAP. The State of the Safety Net uses the Urban Institute's ATTIS

(Analysis of Transfers, Taxes, and Income Security) microsimulation, which is based on the Census Bureau's American Community Survey. We switched from using TRIM3 to using ATTIS to measure SNAP participation for two main reasons: 1) ATTIS estimates single year participation rates, allowing for more variation in SNAP participation rates over time than pooling three years of data for TRIM3 estimates, and 2) the ATTIS sample size allows for analysis of SNAP participation for children ages 0 through 3, which is more closely aligned with the Roadmap's population of focus. SNAP participation rates reported in Roadmap 2025 or earlier should not be compared to those reported in Roadmap 2026 or later because of the changes to data sources and unit and population of analysis.

2. This measure of SNAP participation includes children ages 0 through 3, while nearly all other measures presented in the Roadmap include children under age 3.
3. To calculate SNAP participation rates, the Urban Institute takes the number of eligible SNAP recipients, as reported in the SNAP Quality Control data, and divides it by the number of people eligible for SNAP in that same group, as estimated by simulating SNAP eligibility rules using the American Community Survey data.¹
4. The Urban Institute suppresses results with a relative standard error greater than 0.2 due to insufficient sample size and reliability of estimates or in cases of substantial missing data for a particular characteristic.²

Source:

Urban Institute, State of the Safety Net Initiative project team. "State of the Safety Net 2023 Data." March 2026 release.

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¹ L. Wheaton, ATTIS, personal communication, April 20, 2026.

² Urban Institute, State of the Safety Net Initiative project team. "State of the Safety Net 2023 Data Dictionary." March 2026 release. Urban Institute. Accessible from <https://datacatalog.urban.org/dataset/state-safety-net-2023-data>.